

NAPOLIDIABETOLOGIA

**Diabetes & Endocrine
Updates 2026**
and
**2nd International
Conference on Diabetic
Kidney Disease**

Napoli, February 25-26-27-28, 2026

Hotel Royal Continental

Scientific Coordinators:

Dott. Silvio Settembrini, Prof. Giovambattista Capasso

Program

www.napolidiabetologia.it



NAPOLIDIABETOLOGIA

Diabetes & Endocrine Updates 2026

Program



**Diabetes & Endocrine
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and
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on Diabetic Kidney Disease**

**Napoli,
February 25-26-27-28
2026**



WEDNESDAY, FEBRUARY 25

14.00 – 14.10 **Welcome Addresses**

14.10 – 15.00 **SESSION I**

Chairpersons: Annamaria Colao & Katherine Esposito

14.10 – 14.30 Adult-Onset Autoimmune Diabetes: Phenotypic Features,
Diagnosis and Therapy
Raffaella Buzzetti

14.30 – 14.50 Cardio-Metabolic Risk in Pituitary Disorders:
An Overview
Diego Ferone

14.50 – 15.00 Discussion

15.00 – 15.50 **SESSION II**

Chairpersons: Guido Grassi & Claudio Ferri

15.00 – 15.20 Pharmacological Management of Heart Failure in the
Obese Diabetic Patient: New Challenges, New Horizons
Pasquale Perrone Filardi

15.20 – 15.40 What is meant by Truly Resistant Hypertension
Agostino Virdis

15.40 – 15.50 Discussion

15.50 – 16.20 Coffee break

16.20 – 17.40 **SESSION III**

Chairpersons: Rosario Pivonello & Giuseppe Bellastella

16.20 – 16.40 When Artificial Intelligence Meets Andrology: Innovations
and Clinical Opportunities
Aldo Eugenio Calogero

WEDNESDAY, FEBRUARY 25

16.40 – 17.00 Hypogonadism, Fertility, and Sexuality in CKD
Sandro La Vignera

17.00 – 17.20 Hormone Therapy in Transgenders and its Impact on
Quality of Life
Antonio Aversa

17.20 – 17.40 Discussion

17.40 – 19.30 **SESSION IV**

Chairpersons: Giorgio Arnaldi & Carla Di Somma

17.40 – 18.00 Endocrine Disruptors as Obesiogens: A New Perspective
in the Pathogenesis of Obesity
Rossella Cannarella

18.00 – 18.20 Fertility and Sexuality in the Obese Diabetic Patient
Rosario Pivonello

18.20 – 18.40 Combination Therapy (SGLT2 Inhibitors – GLP1 Agonists –
GLP1/GIP Agonists): Beyond Gluco-Metabolic Control
Nicola Napoli

18.40 – 19.00 Diabetes and Bone: A Complex Relationship – Clinical
Challenges and Therapeutic Options
Giuseppe Bellastella

19.00 – 19.30 Discussion



THURSDAY, FEBRUARY 26

09.00 – 10.00	SESSION V <i>Chairpersons: Agostino Virdis & Arrigo Cicero</i>
09.00 – 09.20	SGLT2 Inhibitors and Cardiovascular Risk: Role in Resistant Arterial Hypertension Guido Grassi
09.20 – 09.40	Role of GLP1 Agonists and Aldosterone Synthase Inhibitors in Resistant Arterial Hypertension Claudio Ferri
09.40 – 10.00	Discussion
10.00 – 11.00	SESSION VI <i>Chairpersons: Salvatore Corrao & Francesco Scavuzzo</i>
10.00 – 10.20	Decision-Making in the Complex Obese Patient: Nutritional and Pharmacological Synergies Annamaria Colao
10.20 – 10.40	How Innovative Metabolic Pharmacology has Changed the Perspective of Care in High Cardiovascular Risk Patients Katherine Esposito
10.40 – 11.00	Discussion
11.00 – 11.30	Coffee break
11.30 – 13.30	SESSION VII <i>Chairpersons: Bruna Guida & Silvia Savastano</i>
11.30 – 11.50	How CGM (Continuous Glucose Monitoring) has Changed the Clinical Management of Diabetic Patients at Risk of Complications Maria Ida Maiorino
11.50 – 12.10	Tirzepatide, Retratutide, Orfoglipron: Updates 2026 Salvatore Corrao

THURSDAY, FEBRUARY 26

12.10 – 12.30	Body Composition and Muscle Loss / Wasting in the Sarcopenic Obese Patient Under Therapy Maria Serena Lonardo
	LECTURE <i>Chairperson: Giovanni De Pergola</i>
12.30 – 13.00	Innovative Nutraceuticals: Between Obesity and Cardio-Nephro-Metabolic Syndrome Arrigo Cicero
13.00 – 13.30	Discussion
13.30 – 14.30	Lunch Break
14.30 – 16.10	SESSION VIII <i>Chairpersons: Antonello Cittadini & Raffaele Napoli</i>
14.30 – 14.50	Semaglutide: A New Statin? Therapeutic Impact on Lipid / Inflammatory Profile and Thrombotic Risk Paolo Calabrò
14.50 – 15.10	SGLT2 Inhibitors in Heart Failure in Patients with CKD Gennaro Cice
15.10 – 15.30	Cardiac Rehabilitation in the Sarcopenic Obese Patient with Heart Failure: Nutritional and Pharmacological Synergies Mario Mallardo
15.30 – 15.50	Dyslipidemia Therapy: What's New from the European Society of Cardiology Guidelines 2019–2025 Paolo Tammaro
15.50 – 16.10	Discussion
16.10 – 16.30	Coffee break



THURSDAY, FEBRUARY 26

NON CME ACCREDITED SESSION

16.30 – 18.30

SESSION IX

**NEW FRONTIERS IN DRUGS DISCOVERY, FROM RESEARCH
TO CLINICAL PRACTICE**

16.30 – 17.00

Chairpersons: **Gennaro Cice & Claudio Ferri**

CVRM (Cardio-Vascular-Renal and Metabolism) Era: Focus
Renal Translating Science and Innovation into Clinical
Impact

Pietro Galassetti, Global Clinical Program Lead,
AstraZeneca, Gaithersburg, USA

17.00 – 17.30

Chairpersons: **Aldo Eugenio Calogero & Giorgio Arnaldi**

Advancement in the multiple agonism landscape:
the role of Amycretin in redefining the boundaries of
incretin science

Kirsten Raun, Global Drug Discovery, Scientific Director
Novo Nordisk, Måløv, Denmark

17.30 – 18.00

Chairpersons: **Dario Giugliano & Giovambattista Capasso**

Survodutide, GLP1-Glucagon Agonism, Pharmacological
and Clinical Updates 2026

Ramy Younes, Global Head of Clinical Development
Obesity & Liver, Boehringer Ingelheim, Ingelheim am
Rhein, Germany

18.00 – 18.30

Chairpersons: **Pasquale Perrone Filardi & Paolo Calabrò**

Development of Novel Lp(a) Lowering Therapies and
Drugs for Cardiovascular Risk Reduction

Pierluigi Tricoci, Associate Vice President Medical
Development, Cardiovascular Research, Eli Lilly,
Hillsborough, NC, USA

**2nd International
Conference on Diabetic
Kidney Disease**

**New Frontiers in
Diabetic Kidney Disease:
From Mechanisms
to Patient Care**

Program



FRIDAY, FEBRUARY 27

- 09.00 – 09.10 Opening Remarks:
Silvio Settembrini & Giovambattista Capasso
- 09.10 – 10.40 **SESSION X**
Pathophysiological Mechanisms in Diabetic Kidney Disease
Chairpersons: Giuseppe Palmiero & Mario Cozzolino
- 09.10 – 09.30 The Role of Adenine in Diabetic Kidney Injury
Kumar Sharma
- 09.30 – 09.50 Diabetic Kidney Injury Determinants: Focus on EMT and Mitochondrial Dysfunction
Petter Bjornstad
- 09.50 – 10.10 Unravelling Molecular Pathways in Diabetic Nephropathy: Role of Macrophages in Lipid Metabolism and Inflammation
John He
- 10.10 – 10.40 Discussion led by **Floriana Secondulfo**
- 10.40 – 11.10 Coffee break
- 11.10 – 12.40 **SESSION XI**
Novel Targets and Translational Research
Chairpersons: Vincenzo Carafa & Stefano Bianchi
- 11.10 – 11.30 Targeting Cell-to-Cell Communication in Diabetic Kidney Disease: From the Podocyte to the Proximal Tubule
Sandeep Mallipattu
- 11.30 – 11.50 Senescence as a Driver of Chronic and Diabetic Kidney Disease
Giovambattista Capasso

FRIDAY, FEBRUARY 27

- 11.50 – 12.10 Precision Nephrology in Diabetic Kidney Disease: Multi-Scalar Data Integration for Novel Biomarkers and Therapeutic Targets
Matthias Kretzler
- 12.10 – 12.40 Discussion led by **Mariadelina Simeoni**
- 12.40 – 14.00 Lunch Break
- 14.00 – 15.30 **SESSION XII**
Therapeutic Advances in Diabetic Kidney Disease
Chairpersons: Alessandra Perna & Domenico Santoro
- 14.00 – 14.20 Semaglutide as the New Pillar of Diabetic Kidney Disease Treatment
Peter Rossing
- 14.20 – 14.40 Combination Therapy in Diabetic Kidney Disease
Hiddo Heerspink
- 14.40 – 15.00 SGLT2 Inhibitors: From Clinical Trials to Real-World Evidence
Luca De Nicola
- 15.00 – 15.30 Discussion led by **Francesco Trepiccione**
- 15.30 – 16.00 Coffee Break
- 16.00 – 17.30 **SESSION XIII**
Diagnosis, Prognosis and Integrated Care
Chairpersons: Miriam Zacchia & Salvatore Di Paolo
- 16.00 – 16.20 The Role of Kidney Biopsy in Patients with Diabetes
Loreto Gesualdo



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16.20 – 16.40 Prevalence and Predictors of Rapid eGFR Decline in Type 2 Diabetes
Francesca Viazzi

16.40 – 17.00 Integrated Care for Diabetic Nephropathy: a Patient-Centered Approach
Francesco Giorgino

17.00 – 17.30 Discussion led by **Giovanna Capolongo**

KEYNOTE LECTURE

Chairperson: **Giovambattista Capasso**

17.30 – 18.00 Harmonizing Today, Transforming Tomorrow: The Future of Nephrology in Europe
Roser Torra

18.00 – 18.15 Conclusions: **Silvio Settembrini**

SATURDAY, FEBRUARY 28 COMMUNITY DAY

**Endocrinological Crew:
Pathway to Cardio-Nephro-Epato-Cerebro-Metabolic Syndrome**

09.00 – 10.00

SESSION XIV

“Thyroid Connections”: Heart – Kidney – Liver

Chairpersons: **Andrea Frasoldati & Enrico Papini**

09.00 – 09.15 Hypo- and Hyperthyroidism and Cardio-Metabolic Impact: Clinical and Therapeutic Correlations
Vincenzo Triggiani

09.15 – 09.30 Chronic Kidney Disease (CKD) and Thyroid Disorders: Bidirectional Links
Olga Disoteo

09.30 – 09.45 Thyroid and Liver: Two Metabolic Hubs in Homeostatic Control. Can Thyroid Hormone Signalling Treat a Dysfunctional Liver?
Silvio Settembrini

09.45 – 10.00 Discussion

10.00 – 11.00

SESSION XV

Chairpersons: **Edoardo Guastamacchia & Giancarlo Tonolo**

10.00 – 10.15 Intelligent Insulins: What They Are and What They Do
Giuseppe Crispino

10.15 – 10.30 Combo Therapy with SGLT2 Inhibitors, DPP-IV Inhibitors, GLP-1 Agonists, and GLP-1/GIP Agonists in Diabetes Mellitus: for Remission and Primary and Secondary Prevention
Elena Succurro



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SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 10.30 – 10.45 Aldosterone Receptor Antagonists and Aldosterone Synthase Inhibitors in Cardio- Nephro-Metabolic Syndrome
Leonardo Russo
- 10.45 – 11.00 Discussion
- 11.00 – 11.30 Coffee break
- 11.30 – 12.30 **SESSION XVI**
Chairpersons: Olga Disoteo & Silvio Settembrini
- 11.30 – 11.45 MASLD and its Clinical-Therapeutic Management: Can We Interfere with the Progression of Hepatic Fibrosis?
Domenico Arcoria
- 11.45 – 12.00 Neuroprotection and Cognitive Disorders: Where Do We Stand with Innovative Metabolic Drugs?
Raffaele Schembari
- 12.00 – 12.15 Pathological Thinness (Is it harder to gain weight or lose weight?)
Vincenzo Cimino
- 12.15 – 12.30 Discussion
- 12.30 – 13.00 **LECTURE**
Chairpersons: Mario Rizzo & Giuseppe Giordano
Obesity and Aldosterone: Pathophysiological and Pharmacotherapeutic Correlations
Massimiliano Caprio

SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 13.00 – 14.00 **SESSION XVII**
Real-World Clinical Experiences: Case Management and Narrative Reports. The Role of CGM (Continuous Glucose Monitoring) in the different Clinical Settings
Chairpersons: Maria Masulli & Vincenzo Nuzzo
- 13.00 – 13.10 **Nicola Tecce:** The Diabetic Cancer Patient Undergoing Chemotherapy
- 13.10 – 13.20 **Diego Carleo:** The Obese Diabetic Patient with Rheumatologic Disease
- 13.20 – 13.30 **Giacomo Accardo:** The Diabetic Patient with Thyroid Disease
- 13.30 – 13.40 **Marcello Orio:** Efficacy Analysis in a Cohort of Patients Treated with GLP-1/GIP Agonists
- 13.40 – 13.50 **Raffaele Mancini:** Therapy of the Diabetic Patient on Dialysis
- 13.50 – 14.00 Conclusions



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FACULTY

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Outpatient Endocrinology Specialist,
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Pro Bono Volunteer Nephrologist,
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Professor of Pediatrics and Medicine |
Raisbeck Endowed Chair of Diabetes
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Principal Investigator, Center for
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Institute (SCRI)

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FACULTY

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Prof. Hiddo Heerspink

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Prof. Pasquale Perrone Filardi

Full Professor of Cardiology, University of Naples "Federico II"; President of SIC (Italian Society of Cardiology)

Prof. Rosario Pivonello

Full Professor of Endocrinology, University of Naples "Federico II"; President-Elect of SIAMS (Italian Society of Andrology and Sexual Medicine)

Prof. Kirsten Raun

Global Drug Discovery, Scientific Director Novo Nordisk, Måløv, Denmark

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Herlev, Professor of Endocrinology, University of Copenhagen, Denmark

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FACULTY

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GENERAL INFORMATION

SCIENTIFIC COORDINATOR

Dr. Silvio Settembrini

Responsible Director, Unit of Diabetology and Metabolic Diseases,
C4 ASL Napoli 1 Centro

ORGANIZATIONAL COORDINATION

Concetta Manzo, Eugenio Iaccarino, Roberto Nocera

THE ORGANIZING SECRETARIAT



EVENTI E CONGRESSI

Rione Sirignano 5 - 80121 Napoli

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REGISTRATION

Registration can be processed within February 20, 2025 at the website:

www.napolidiabetologia.it

SIMULTANEOUS TRANSLATION

Translation English/Italian/English will be provided (on February 26 and 27 ONLY)



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mcm

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