

NAPOLIDIABETOLOGIA

**Diabetes & Endocrine
Updates 2026**
and
**2nd International
Conference on Diabetic
Kidney Disease**

Napoli, February 25-26-27-28, 2026

Hotel Royal Continental

Scientific Coordinators:

Dott. Silvio Settembrini, Prof. Giovambattista Capasso

Program

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NAPOLIDIABETOLOGIA

Diabetes & Endocrine Updates 2026

Program



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2026**



WEDNESDAY, FEBRUARY 25

14.00 – 14.10 **Welcome Addresses**

14.10 – 15.00 **SESSION I**

Chairpersons: Annamaria Colao & Katherine Esposito

14.10 – 14.30 Adult-Onset Autoimmune Diabetes: Phenotypic Features, Diagnosis and Therapy
Raffaella Buzzetti

14.30 – 14.50 Cardio-Metabolic Risk in Pituitary Disorders: An Overview
Diego Ferone

14.50 – 15.00 Discussion

15.00 – 15.50 **SESSION II**

Chairpersons: Guido Grassi & Claudio Ferri

15.00 – 15.20 Pharmacological Management of Heart Failure in the Obese Diabetic Patient: New Challenges, New Horizons
Pasquale Perrone Filardi

15.20 – 15.40 What is meant by Truly Resistant Hypertension
Agostino Virdis

15.40 – 15.50 Discussion

15.50 – 16.20 Coffee break

16.20 – 17.40 **SESSION III**

Chairpersons: Rosario Pivonello & Giuseppe Bellastella

16.20 – 16.40 When Artificial Intelligence Meets Andrology: Innovations and Clinical Opportunities
Aldo Eugenio Calogero

WEDNESDAY, FEBRUARY 25

16.40 – 17.00 Hypogonadism, Fertility, and Sexuality in CKD
Sandro La Vignera

17.00 – 17.20 Hormone Therapy in Transgenders and its Impact on Quality of Life
Antonio Aversa

17.20 – 17.40 Discussion

17.40 – 19.30 **SESSION IV**

Chairpersons: Giorgio Arnaldi & Carla Di Somma

17.40 – 18.00 Endocrine Disruptors as Obesiogens: A New Perspective in the Pathogenesis of Obesity
Rossella Cannarella

18.00 – 18.20 Fertility and Sexuality in the Obese Diabetic Patient
Rosario Pivonello

18.20 – 18.40 Combination Therapy (SGLT2 Inhibitors – GLP1 Agonists – GLP1/GIP Agonists): Beyond Gluco-Metabolic Control
Nicola Napoli

18.40 – 19.00 Diabetes and Bone: A Complex Relationship – Clinical Challenges and Therapeutic Options
Giuseppe Bellastella

19.00 – 19.30 Discussion



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THURSDAY, FEBRUARY 26

09.00 – 10.00	SESSION V <i>Chairpersons: Agostino Virdis & Arrigo Cicero</i>
09.00 – 09.20	SGLT2 Inhibitors and Cardiovascular Risk: Role in Resistant Arterial Hypertension Guido Grassi
09.20 – 09.40	Role of GLP1 Agonists and Aldosterone Synthase Inhibitors in Resistant Arterial Hypertension Claudio Ferri
09.40 – 10.00	Discussion
10.00 – 11.00	SESSION VI <i>Chairpersons: Salvatore Corrao & Francesco Scavuzzo</i>
10.00 – 10.20	Decision-Making in the Complex Obese Patient: Nutritional and Pharmacological Synergies Annamaria Colao
10.20 – 10.40	How Innovative Metabolic Pharmacology has Changed the Perspective of Care in High Cardiovascular Risk Patients Katherine Esposito
10.40 – 11.00	Discussion
11.00 – 11.30	Coffee break
11.30 – 13.30	SESSION VII <i>Chairpersons: Bruna Guida & Silvia Savastano</i>
11.30 – 11.50	How CGM (Continuous Glucose Monitoring) has Changed the Clinical Management of Diabetic Patients at Risk of Complications Maria Ida Maiorino
11.50 – 12.10	Tirzepatide, Retratutide, Orfoglipron: Updates 2026 Salvatore Corrao

THURSDAY, FEBRUARY 26

12.10 – 12.30	Body Composition and Muscle Loss / Wasting in the Sarcopenic Obese Patient Under Therapy Maria Serena Lonardo
	LECTURE <i>Chairperson: Silvio Settembrini</i>
12.30 – 13.00	Innovative Nutraceuticals: Between Obesity and Cardio-Nephro-Metabolic Syndrome Arrigo Cicero
13.00 – 13.30	Discussion
13.30 – 14.30	Lunch Break
14.30 – 16.10	SESSION VIII <i>Chairpersons: Antonello Cittadini & Raffaele Napoli</i>
14.30 – 14.50	Semaglutide: A New Statin? Therapeutic Impact on Lipid / Inflammatory Profile and Thrombotic Risk Paolo Calabrò
14.50 – 15.10	SGLT2 Inhibitors in Heart Failure in Patients with CKD Gennaro Cice
15.10 – 15.30	Cardiac Rehabilitation in the Sarcopenic Obese Patient with Heart Failure: Nutritional and Pharmacological Synergies Mario Mallardo
15.30 – 15.50	Dyslipidemia Therapy: What's New from the European Society of Cardiology Guidelines 2019–2025 Paolo Tammaro
15.50 – 16.10	Discussion
16.10 – 16.30	Coffee break



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THURSDAY, FEBRUARY 26

NON CME ACCREDITED SESSION

16.30 – 18.30

**SESSION IX
NEW FRONTIERS IN DRUGS DISCOVERY, FROM RESEARCH
TO CLINICAL PRACTICE**

16.30 – 17.00

Chairpersons: **Gennaro Cice & Claudio Ferri**
CVRM (Cardio-Vascular-Renal and Metabolism) Era: Focus
Renal Translating Science and Innovation into Clinical
Impact
Pietro Galassetti, USA

17.00 – 17.30

Chairpersons: **Aldo Eugenio Calogero & Giorgio Arnaldi**
Advancement in the multiple agonism landscape:
the role of Amycretin in redefining the boundaries of
incretin science
Kirsten Raun, Denmark

17.30 – 18.00

Chairpersons: **Dario Giugliano & Giovambattista Capasso**
Survodutide, GLP1-Glucagon Agonism, Pharmacological
and Clinical Updates 2026
Ramy Younes, Germany

18.00 – 18.30

Chairpersons: **Pasquale Perrone Filardi & Paolo Calabrò**
Development of Novel Lp(a) Lowering Therapies and
Drugs for Cardiovascular Risk Reduction
Pierluigi Tricoci, USA

ENDORSED BY



ERA's endorsement is for the promotion of education in
general, therefore the specific content of the event/course is
the responsibility of the organiser



**2nd International
Conference on Diabetic
Kidney Disease**

**New Frontiers in
Diabetic Kidney Disease:
From Mechanisms
to Patient Care**

Program



FRIDAY, FEBRUARY 27

- 09.00 – 09.10 Opening Remarks:
Silvio Settembrini & Giovambattista Capasso
- 09.10 – 10.40 **SESSION X**
Pathophysiological Mechanisms in Diabetic Kidney Disease
Chairpersons: Miriam Zacchia & Mario Cozzolino
- 09.10 – 09.30 The Role of Adenine in Diabetic Kidney Injury
Kumar Sharma
- 09.30 – 09.50 Diabetic Kidney Injury Determinants: Focus on EMT and Mitochondrial Dysfunction
Petter Bjornstad
- 09.50 – 10.10 Unravelling Molecular Pathways in Diabetic Nephropathy: Role of Macrophages in Lipid Metabolism and Inflammation
John He
- 10.10 – 10.40 Discussion led by **Floriana Secondulfo**
- 10.40 – 11.10 Coffee break
- 11.10 – 12.40 **SESSION XI**
Novel Targets and Translational Research
Chairpersons: Vincenzo Carafa & Stefano Bianchi
- 11.10 – 11.30 Targeting Cell-to-Cell Communication in Diabetic Kidney Disease: From the Podocyte to the Proximal Tubule
Sandeep Mallipattu
- 11.30 – 11.50 Senescence as a Driver of Chronic and Diabetic Kidney Disease
Giovambattista Capasso

FRIDAY, FEBRUARY 27

- 11.50 – 12.10 Precision Nephrology in Diabetic Kidney Disease: Multi-Scalar Data Integration for Novel Biomarkers and Therapeutic Targets
Matthias Kretzler
- 12.10 – 12.40 Discussion led by **Mariadelina Simeoni**
- 12.40 – 14.00 Lunch Break
- 14.00 – 15.30 **SESSION XII**
Therapeutic Advances in Diabetic Kidney Disease
Chairpersons: Alessandra Perna & Domenico Santoro
- 14.00 – 14.20 Semaglutide as the New Pillar of Diabetic Kidney Disease Treatment
Peter Rossing
- 14.20 – 14.40 Combination Therapy in Diabetic Kidney Disease
Hiddo Heerspink
- 14.40 – 15.00 SGLT2 Inhibitors: From Clinical Trials to Real-World Evidence
Luca De Nicola
- 15.00 – 15.30 Discussion led by **Francesco Trepiccione**
- 15.30 – 16.00 Coffee Break
- 16.00 – 17.30 **SESSION XIII**
Diagnosis, Prognosis and Integrated Care
Chairpersons: Silvio Settembrini & Salvatore Di Paolo
- 16.00 – 16.20 The Role of Kidney Biopsy in Patients with Diabetes
Loreto Gesualdo



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16.20 – 16.40 Prevalence and Predictors of Rapid eGFR Decline in Type 2 Diabetes
Francesca Viazzi

16.40 – 17.00 Integrated Care for Diabetic Nephropathy: a Patient-Centered Approach
Francesco Giorgino

17.00 – 17.30 Discussion led by **Giovanna Capolongo**

KEYNOTE LECTURE

Chairperson: **Giovambattista Capasso**

17.30 – 18.00 Harmonizing Today, Transforming Tomorrow: The Future of Nephrology in Europe
Roser Torra

18.00 – 18.15 Conclusions: **Silvio Settembrini**

SATURDAY, FEBRUARY 28 COMMUNITY DAY

**Endocrinological Crew:
Pathway to Cardio-Nephro-Epato-Cerebro-Metabolic Syndrome**

09.00 – 10.00

SESSION XIV

“Thyroid Connections”: Heart – Kidney – Liver

Chairpersons: **Andrea Frasoldati & Enrico Papini**

09.00 – 09.15 Hypo- and Hyperthyroidism and Cardio-Metabolic Impact: Clinical and Therapeutic Correlations
Vincenzo Triggiani

09.15 – 09.30 Chronic Kidney Disease (CKD) and Thyroid Disorders: Bidirectional Links
Olga Disoteo

09.30 – 09.45 Thyroid and Liver: Two Metabolic Hubs in Homeostatic Control. Can Thyroid Hormone Signalling Treat a Dysfunctional Liver?
Silvio Settembrini

09.45 – 10.00 Discussion

10.00 – 11.00

SESSION XV

Chairpersons: **Edoardo Guastamacchia & Giancarlo Tonolo**

10.00 – 10.15 Intelligent Insulins: What They Are and What They Do
Giuseppe Crispino

10.15 – 10.30 Combo Therapy with SGLT2 Inhibitors, DPP-IV Inhibitors, GLP-1 Agonists, and GLP-1/GIP Agonists in Diabetes Mellitus: for Remission and Primary and Secondary Prevention
Elena Succurro



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SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 10.30 – 10.45 Aldosterone Receptor Antagonists and Aldosterone Synthase Inhibitors in Cardio- Nephro-Metabolic Syndrome
Leonardo Russo
- 10.45 – 11.00 Discussion
- 11.00 – 11.30 Coffee break
- 11.30 – 12.30 **SESSION XVI**
Chairpersons: Olga Disoteo & Silvio Settembrini
- 11.30 – 11.45 MASLD and its Clinical-Therapeutic Management: Can We Interfere with the Progression of Hepatic Fibrosis?
Domenico Arcoria
- 11.45 – 12.00 Neuroprotection and Cognitive Disorders: Where Do We Stand with Innovative Metabolic Drugs?
Raffaele Schembari
- 12.00 – 12.15 Pathological Thinness (Is it harder to gain weight or lose weight?)
Vincenzo Cimino
- 12.15 – 12.30 Discussion
- 12.30 – 13.00 **LECTURE**
Chairpersons: Mario Rizzo & Giuseppe Giordano
Obesity and Aldosterone: Pathophysiological and Pharmacotherapeutic Correlations
Massimiliano Caprio

SATURDAY, FEBRUARY 28 COMMUNITY DAY

- 13.00 – 14.00 **SESSION XVII**
Real-World Clinical Experiences: Case Management and Narrative Reports. The Role of CGM (Continuous Glucose Monitoring) in the different Clinical Settings
Chairpersons: Maria Masulli & Vincenzo Nuzzo
- 13.00 – 13.10 **Nicola Tecce:** The Diabetic Cancer Patient Undergoing Chemotherapy
- 13.10 – 13.20 **Diego Carleo:** The Obese Diabetic Patient with Rheumatologic Disease
- 13.20 – 13.30 **Giacomo Accardo:** The Diabetic Patient with Thyroid Disease
- 13.30 – 13.40 **Marcello Orio:** Efficacy Analysis in a Cohort of Patients Treated with GLP-1/GIP Agonists
- 13.40 – 13.50 **Raffaele Mancini:** Therapy of the Diabetic Patient on Dialysis
- 13.50 – 14.00 Conclusions



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FACULTY

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FACULTY

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FACULTY

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GENERAL INFORMATION

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Responsible Director, Unit of Diabetology and Metabolic Diseases,
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EVENTI E CONGRESSI

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REGISTRATION

Registration can be processed within February 20, 2025 at the website:

www.napolidiabetologia.it

SIMULTANEOUS TRANSLATION

Translation English/Italian/English will be provided (on February 26 and 27 ONLY)

With the unconditional grant of



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