

NAPOLIDIABETOLOGIA

**Diabetes & Endocrine
Updates 2026
and
2nd International
Conference on Diabetic
Kidney Disease**

Napoli, February 25-26-27-28, 2026

Hotel Royal Continental

Scientific Coordinators:

Dott. Silvio Settembrini, Prof. Giovambattista Capasso

Program

www.napolidiabetologia.it



NAPOLIDIABETOLOGIA

**Diabetes
& Endocrine
Updates 2026**

Program



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WEDNESDAY, FEBRUARY 25

14.00 – 14.10 **Welcome Addresses**

SESSION I

Chairpersons: Annamaria Colao & Katherine Esposito

14.10 – 14.30 Adult-Onset Autoimmune Diabetes: Phenotypic Features, Diagnosis and Therapy
Raffaella Buzzetti

14.30 – 14.50 Cardio-Metabolic Risk in Pituitary Disorders: An Overview
Diego Ferone

14.50 – 15.00 Discussion

SESSION II

Chairpersons: Guido Grassi & Claudio Ferri

15.00 – 15.20 Pharmacological Management of Heart Failure in the Obese Diabetic Patient: New Challenges, New Horizons
Pasquale Perrone Filardi

15.20 – 15.40 What is meant by Truly Resistant Hypertension
Agostino Virdis

15.40 – 15.50 Discussion

15.50 – 16.20 Coffee break

SESSION III

Chairpersons: Rosario Pivonello & Giuseppe Bellastella

16.20 – 16.40 When Artificial Intelligence Meets Andrology: Innovations and Clinical Opportunities
Aldo Eugenio Calogero

WEDNESDAY, FEBRUARY 25

16.40 – 17.00 Hypogonadism, Fertility, and Sexuality in CKD
Sandro La Vignera

17.00 – 17.20 Hormone Therapy in Transgenders and its Impact on Quality of Life
Antonio Aversa

17.20 – 17.40 Discussion

SESSION IV

Chairpersons: Giorgio Arnaldi & Carla Di Somma

17.40 – 18.00 Endocrine Disruptors as Obesiogens: A New Perspective in the Pathogenesis of Obesity
Rossella Cannarella

18.00 – 18.20 Fertility and Sexuality in the Obese Diabetic Patient
Rosario Pivonello

18.20 – 18.40 Combination Therapy (SGLT2 Inhibitors – GLP1 Agonists – GLP1/GIP Agonists): Beyond Gluco-Metabolic Control
Nicola Napoli

18.40 – 19.00 Diabetes and Bone: A Complex Relationship – Clinical Challenges and Therapeutic Options
Giuseppe Bellastella

19.00 – 19.30 Discussion



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THURSDAY, FEBRUARY 26

09.00 – 10.00	SESSION V <i>Chairpersons: Agostino Virdis & Arrigo Cicero</i>
09.00 – 09.20	SGLT2 Inhibitors and Cardiovascular Risk: Role in Resistant Arterial Hypertension Guido Grassi
09.20 – 09.40	Role of GLP1 Agonists and Aldosterone Synthase Inhibitors in Resistant Arterial Hypertension Claudio Ferri
09.40 – 10.00	Discussion
10.00 – 11.00	SESSION VI <i>Chairpersons: Massimiliano Caprio & Francesco Scavuzzo</i>
10.00 – 10.20	Decision-Making in the Complex Obese Patient: Nutritional and Pharmacological Synergies Annamaria Colao
10.20 – 10.40	How Innovative Metabolic Pharmacology has Changed the Perspective of Care in High Cardiovascular Risk Patients Katherine Esposito
10.40 – 11.00	Discussion
11.00 – 11.30	Coffee break
11.30 – 13.30	SESSION VII <i>Chairpersons: Brunella Guida & Silvia Savastano</i>
11.30 – 11.50	How CGM (Continuous Glucose Monitoring) has Changed the Clinical Management of Diabetic Patients at Risk of Complications Maria Ida Maiorino
11.50 – 12.10	Obesity and Aldosterone: Pathophysiological and Pharmacotherapeutic Correlations Massimiliano Caprio

THURSDAY, FEBRUARY 26

12.10 – 12.30	Body Composition and Muscle Loss / Wasting in the Sarcopenic Obese Patient Under Therapy Maria Serena Lonardo
12.30 – 13.00	LECTURE <i>Chairperson: Giovanni De Pergola</i>
13.00 – 13.30	Innovative Nutraceuticals: Between Obesity and Cardio-Nephro-Metabolic Syndrome Arrigo Cicero
13.30 – 14.30	Discussion
14.30 – 16.10	Lunch Break
14.30 – 14.50	SESSION VIII <i>Chairpersons: Antonello Cittadini & Raffaele Napoli</i>
14.50 – 15.10	Semaglutide: A New Statin? Therapeutic Impact on Lipid / Inflammatory Profile and Thrombotic Risk Paolo Calabro
15.10 – 15.30	SGLT2 Inhibitors in Heart Failure in Patients with CKD Gennaro Cice
15.30 – 15.50	Cardiac Rehabilitation in the Sarcopenic Obese Patient with Heart Failure: Nutritional and Pharmacological Synergies Mario Mallardo
15.50 – 16.10	Dyslipidemia Therapy: What's New from the European Society of Cardiology Guidelines 2019–2025 Paolo Tammaro
16.10 – 16.30	Discussion
	Coffee break



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THURSDAY, FEBRUARY 26

NON CME ACCREDITED SESSION

16.30 – 18.30

SESSION IX

**NEW FRONTIERS IN DRUGS DISCOVERY, FROM RESEARCH
TO CLINICAL PRACTICE**

16.30 – 17.00

Chairpersons: Gennaro Cice & Claudio Ferri

CVRM Cardio-Vascular-Renal-Metabolic Era. Focus Renal
Translating Science and Innovation into Clinical Impact
Pietro Galassetti, Global Clinical Program Lead,
AstraZeneca, Gaithersburg, USA

17.00 – 17.30

Chairpersons: Aldo Eugenio Calogero & Giorgio Arnaldi

Advancement in the multiple agonism landscape:
the role of Amycretin in redefining the boundaries of
incretin science

Kirsten Raun, Global Drug Discovery, Scientific Director
Novo Nordisk, Måløv, Denmark

17.30 – 18.00

Chairpersons: Dario Giugliano & Giovambattista Capasso

Survodutide, GLP1-Glucagon Agonism, Pharmacological
and Clinical Updates 2026

Ramy Younes, Global Head of Clinical Development
Obesity & Liver, Boehringer Ingelheim, Ingelheim am
Rhein, Germany

18.00 – 18.30

Chairpersons: Pasquale Perrone Filardi & Paolo Calabò

Development of Novel Lp(a) Lowering Therapies and
Drugs for Cardiovascular Risk Reduction

Pierluigi Tricoci, Associate Vice President Medical
Development, Cardiovascular Research, Eli Lilly,
Hillsborough, NC, USA

**2nd International
Conference on Diabetic
Kidney Disease**

**New Frontiers in
Diabetic Kidney Disease:
From Mechanisms
to Patient Care**

Program



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FRIDAY, FEBRUARY 27

09.00 – 09.10 Opening Remarks:
Silvio Settembrini & Giovambattista Capasso

09.10 – 10.40 **SESSION X**
Pathophysiological Mechanisms in Diabetic Kidney Disease
Chairpersons: **Giuseppe Palmiero & Mario Cozzolino**

09.10 – 09.30 The Role of Adenine in Diabetic Kidney Injury
Kumar Sharma

09.30 – 09.50 Diabetic Kidney Injury Determinants: Focus on EMT and
Mitochondrial Dysfunction
Petter Bjornstad

09.50 – 10.10 Unravelling Molecular Pathways in Diabetic Nephropathy:
Role of Macrophages in Lipid Metabolism and
Inflammation
John He

10.10 – 10.40 Discussion led by **Roberto Minutolo**

10.40 – 11.10 Coffee break

11.10 – 12.40 **SESSION XI**
Novel Targets and Translational Research
Chairpersons: **Vincenzo Carafa & Stefano Bianchi**

11.10 – 11.30 Targeting Cell-to-Cell Communication in Diabetic Kidney
Disease: From the Podocyte to the Proximal Tubule
Sandeep Mallipattu

11.30 – 11.50 Senescence as a Driver of Chronic and Diabetic Kidney Disease
Giovambattista Capasso

FRIDAY, FEBRUARY 27

11.50 – 12.10 Precision Nephrology in Diabetic Kidney Disease: Multi-
Scalar Data Integration for Novel Biomarkers and
Therapeutic Targets
Matthias Kretzler

12.10 – 12.40 Discussion led by **Mariadelina Simeoni**

12.40 – 14.00 Lunch Break

14.00 – 15.30 **SESSION XII**
Therapeutic Advances in Diabetic Kidney Disease
Chairpersons: **Alessandra Perna & Domenico Santoro**

14.00 – 14.20 Semaglutide as the New Pillar of Diabetic Kidney Disease
Treatment
Peter Rossing

14.20 – 14.40 Combination Therapy in Diabetic Kidney Disease
Hiddo Heerspink

14.40 – 15.00 SGLT2 Inhibitors: From Clinical Trials to Real-World
Evidence
Luca De Nicola

15.00 – 15.30 Discussion led by **Francesco Trepiccione**

15.30 – 16.00 Coffee Break

16.00 – 17.30 **SESSION XIII**
Diagnosis, Prognosis and Integrated Care
Chairpersons: **Miriam Zacchia & Salvatore Di Paolo**

16.00 – 16.20 The Role of Kidney Biopsy in Patients with Diabetes
Loreto Gesualdo



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16.20 – 16.40 Prevalence and Predictors of Rapid eGFR Decline in Type 2 Diabetes
Francesca Viazzi

16.40 – 17.00 Integrated Care for Diabetic Nephropathy: a Patient-Centered Approach
Francesco Giorgino

17.00 – 17.30 Discussion led by **Giovanna Capolongo**

KEYNOTE LECTURE

Chair: Giovambattista Capasso

17.30 – 18.00 Harmonizing Today, Transforming Tomorrow: The Future of Nephrology in Europe
Roser Torra

18.00 – 18.15 Conclusions: **Silvio Settembrini**

SATURDAY, FEBRUARY 28 COMMUNITY DAY

**Endocrinological Crew:
Pathway to Cardio-Nephro-Epato-Cerebro-Metabolic Syndrome**

09.00 – 10.00 **SESSION XIV**
“Thyroid Connections“: Heart – Kidney – Liver
Chairpersons: Andrea Frasoldati & Enrico Papini

09.00 – 09.15 Hypo- and Hyperthyroidism and Cardio-Metabolic Impact: Clinical and Therapeutic Correlations
Vincenzo Triggiani

09.15 – 09.30 Chronic Kidney Disease (CKD) and Thyroid Disorders: Bidirectional Links
Olga Disoteo

09.30 – 09.45 Thyroid and Liver: Two Metabolic Hubs in Homeostatic Control. Can Thyroid Hormone Signalling Treat a Dysfunctional Liver?
Silvio Settembrini

09.45 – 10.00 Discussion

10.00 – 11.00 **SESSION XV**
Chairpersons: Edoardo Guastamacchia & Giancarlo Tonolo

10.00 – 10.15 Intelligent Insulins: What They Are and What They Do
Giuseppe Crispino

10.15 – 10.30 Combo Therapy with SGLT2 Inhibitors, DPP-IV Inhibitors, GLP-1 Agonists, and GLP-1/GIP Agonists in Diabetes Mellitus: for Remission and Primary and Secondary Prevention
Elena Succurro



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SATURDAY, FEBRUARY 28 COMMUNITY DAY

10.30 – 10.45 Aldosterone Receptor Antagonists and Aldosterone Synthase Inhibitors in Cardio- Nephro-Metabolic Syndrome
Leonardo Russo

10.45 – 11.00 Discussion

11.00 – 11.30 Coffee break

SESSION XVI

Chairpersons: Olga Disoteo, Silvio Settembrini

11.30 – 11.45 MASLD and its Clinical-Therapeutic Management: Can We Interfere with the Progression of Hepatic Fibrosis?
Domenico Arcoria

11.45 – 12.00 Neuroprotection and Cognitive Disorders: Where Do We Stand with Innovative Metabolic Drugs?
Raffaele Schembari

12.00 – 12.15 Pathological Thinness (Is it harder to gain weight or lose weight?)
Vincenzo Cimino

12.15 – 12.30 Discussion

LECTURE

Chairpersons: Mario Rizzo & Giuseppe Giordano
Tirzepatide, Retratutide, Orforglipron: Updates 2026
Salvatore Corrao

SATURDAY, FEBRUARY 28 COMMUNITY DAY

13.00 – 14.00 **SESSION XVII**
Real-World Clinical Experiences: Case Management and Narrative Reports. The Role of CGM (Continuous Glucose Monitoring) in the different Clinical Settings

Chairpersons: Maria Masulli & Vincenzo Nuzzo

13.00 – 13.10 **Nicola Tecce:** The Diabetic Cancer Patient Undergoing Chemotherapy

13.10 – 13.20 **Diego Carleo:** The Obese Diabetic Patient with Rheumatologic Disease

13.20 – 13.30 **Giacomo Accardo:** The Diabetic Patient with Thyroid Disease

13.30 – 13.40 **Marcello Orio:** Efficacy Analysis in a Cohort of Patients Treated with GLP-1/GIP Agonists

13.40 – 13.50 **Raffaele Mancini:** Therapy of the Diabetic Patient on Dialysis

13.50 – 14.00 Conclusions



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FACULTY

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Pro Bono Volunteer Nephrologist,
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Raisbeck Endowed Chair of Diabetes
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FACULTY

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FACULTY

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FACULTY

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FACULTY

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FACULTY

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GENERAL INFORMATION

SCIENTIFIC COORDINATOR

Dr. Silvio Settembrini

Responsible Director, Unit of Diabetology and Metabolic Diseases,
C4 ASL Napoli 1 Centro

ORGANIZATIONAL COORDINATION

Concetta Manzo, Eugenio Iaccarino, Roberto Nocera

CME PROVIDER

Lomea Soc. Cooperativa: **ID 6226**

Type of event: RES - congress

CME CREDITS re.: 469332

The congress is in the process of accreditation for the following categories:

MEDICAL DOCTOR: All specialties

THE ORGANIZING SECRETARIAT



EVENTI E CONGRESSI

Rione Sirignano 5 - 80121 Napoli

mcm@mcmcongressi.it

ph +39 081 7611085

www.mcmcongressi.it

REGISTRATION

Registration can be processed within February 20, 2025 at the website:

www.napolidiabetologia.it

REGISTRATION FEE

Medical Doctor/Surgeon: Euro 150 + VAT 22%

Resident: free of charge

The fee includes:

- Participation in the scientific sessions
- Coffee breaks and lunch as in the program
- CME Credits
- Certificate of attendance

SIMULTANEOUS TRANSLATION

Translation English/Italian/English will be provided



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SEGRETERIA ORGANIZZATIVA



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