

NAPOLIDIABETOLOGIA

**Diabetes & Endocrine  
Updates 2026**  
and  
**2<sup>nd</sup> International  
Conference on Diabetic  
Kidney Disease**

**Napoli, February 25-26-27-28, 2026**

**Hotel Royal Continental**

*Scientific Coordinators:*

**Dott. Silvio Settembrini, Prof. Giovambattista Capasso**

**Program**

**[www.napolidiabetologia.it](http://www.napolidiabetologia.it)**



**NAPOLIDIABETOLOGIA**



# **Diabetes & Endocrine Updates 2026**

**Program**



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2<sup>nd</sup> International Conference  
on Diabetic Kidney Disease**

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2026**



**WEDNESDAY, FEBRUARY 25**

14.00 – 14.10 **Welcome Addresses**

14.10 – 15.00 **SESSION I**

*Chairpersons: Annamaria Colao & Katherine Esposito*

14.10 – 14.30 Adult-Onset Autoimmune Diabetes: Phenotypic Features, Diagnosis and Therapy  
**Raffaella Buzzetti**

14.30 – 14.50 Cardio-Metabolic Risk in Pituitary Disorders: An Overview  
**Diego Ferone**

14.50 – 15.00 Discussion

15.00 – 15.50 **SESSION II**

*Chairpersons: Guido Grassi & Claudio Ferri*

15.00 – 15.20 Pharmacological Management of Heart Failure in the Obese Diabetic Patient: New Challenges, New Horizons  
**Pasquale Perrone Filardi**

15.20 – 15.40 What is meant by Truly Resistant Hypertension  
**Agostino Virdis**

15.40 – 15.50 Discussion

15.50 – 16.20 Coffee break

16.20 – 17.40 **SESSION III**

*Chairpersons: Rosario Pivonello & Giuseppe Bellastella*

16.20 – 16.40 When Artificial Intelligence Meets Andrology: Innovations and Clinical Opportunities  
**Aldo Eugenio Calogero**

**WEDNESDAY, FEBRUARY 25**

16.40 – 17.00 Hypogonadism, Fertility, and Sexuality in CKD  
**Sandro La Vignera**

17.00 – 17.20 Hormone Therapy in Transgenders and its Impact on Quality of Life  
**Antonio Aversa**

17.20 – 17.40 Discussion

17.40 – 19.30 **SESSION IV**

*Chairpersons: Giorgio Arnaldi & Carla Di Somma*

17.40 – 18.00 Endocrine Disruptors as Obesiogens: A New Perspective in the Pathogenesis of Obesity  
**Rossella Cannarella**

18.00 – 18.20 Fertility and Sexuality in the Obese Diabetic Patient  
**Rosario Pivonello**

18.20 – 18.40 Combination Therapy (SGLT2 Inhibitors – GLP1 Agonists – GLP1/GIP Agonists): Beyond Gluco-Metabolic Control  
**Nicola Napoli**

18.40 – 19.00 Diabetes and Bone: A Complex Relationship – Clinical Challenges and Therapeutic Options  
**Giuseppe Bellastella**

19.00 – 19.30 Discussion



## THURSDAY, FEBRUARY 26

09.00 – 10.00	<b>SESSIONE V</b> <i>Chairpersons: <b>Agostino Virdis &amp; Arrigo Cicero</b></i>
09.00 – 09.20	SGLT2 Inhibitors and Cardiovascular Risk: Role in Resistant Arterial Hypertension <b>Guido Grassi</b>
09.20 – 09.40	Role of GLP1 Agonists and Aldosterone Synthase Inhibitors in Resistant Arterial Hypertension <b>Claudio Ferri</b>
09.40 – 10.00	Discussion
10.00 – 11.00	<b>SESSIONE VI</b> <i>Chairpersons: <b>Massimiliano Caprio &amp; Francesco Scavuzzo</b></i>
10.00 – 10.20	Decision-Making in the Complex Obese Patient: Nutritional and Pharmacological Synergies <b>Annamaria Colao</b>
10.20 – 10.40	How Innovative Metabolic Pharmacology has Changed the Perspective of Care in High Cardiovascular Risk Patients <b>Katherine Esposito</b>
10.40 – 11.00	Discussion
11.00 – 11.30	Coffee break
11.30 – 13.30	<b>SESSION VII</b> <i>Chairpersons: <b>Brunella Guida &amp; Silvia Savastano</b></i>
11.30 – 11.50	How CGM (Continuous Glucose Monitoring) has Changed the Clinical Management of Diabetic Patients at Risk of Complications <b>Maria Ida Maiorino</b>
11.50 – 12.10	Obesity and Aldosterone: Pathophysiological and Pharmacotherapeutic Correlations <b>Massimiliano Caprio</b>

## THURSDAY, FEBRUARY 26

12.10 – 12.30	Body Composition and Muscle Loss / Wasting in the Sarcopenic Obese Patient Under Therapy <b>Maria Serena Lonardo</b>
	<b>LECTURE</b> <i>Chairperson: <b>Giovanni De Pergola</b></i>
12.30 – 13.00	Innovative Nutraceuticals: Between Obesity and Cardio-Nephro-Metabolic Syndrome <b>Arrigo Cicero</b>
13.00 – 13.30	Discussion
13.30 – 14.30	Lunch Break
14.30 – 16.10	<b>SESSIONE VIII</b> <i>Chairpersons: <b>Antonello Cittadini &amp; Raffaele Napoli</b></i>
14.30 – 14.50	Semaglutide: A New Statin? Therapeutic Impact on Lipid / Inflammatory Profile and Thrombotic Risk <b>Paolo Calabrò</b>
14.50 – 15.10	SGLT2 Inhibitors in Heart Failure in Patients with CKD <b>Gennaro Cice</b>
15.10 – 15.30	Cardiac Rehabilitation in the Sarcopenic Obese Patient with Heart Failure: Nutritional and Pharmacological Synergies <b>Mario Mallardo</b>
15.30 – 15.50	Dyslipidemia Therapy: What's New from the European Society of Cardiology Guidelines 2019–2025 <b>Paolo Tammaro</b>
15.50 – 16.10	Discussion
16.10 – 16.30	Coffee break



**THURSDAY, FEBRUARY 26**

**NON CME ACCREDITED SESSION**

16.30 – 18.30

**SESSION IX**

**NEW FRONTIERS IN DRUGS DISCOVERY, FROM RESEARCH  
TO CLINICAL PRACTICE**

16.30 – 17.00

*Chairpersons:* **Gennaro Cice & Claudio Ferri**

CVRM Cardio-Vascular-Renal-Metabolic Era. Focus Renal  
Translating Science and Innovation into Clinical Impact  
**Pietro Galassetti**, Global Clinical Program Lead,  
AstraZeneca, Gaithersburg, USA

17.00 – 17.30

*Chairpersons:* **Aldo Eugenio Calogero & Giorgio Arnaldi**

Advancement in the multiple agonism landscape:  
the role of Amycretin in redefining the boundaries of  
incretin science  
**Kirsten Raun**, Global Drug Discovery, Scientific Director  
Novo Nordisk, Måløv, Denmark

17.30 – 18.00

*Chairpersons:* **Dario Giugliano & Giovambattista Capasso**

Survodutide, GLP1-Glucagon Agonism, Pharmacological  
and Clinical Updates 2026  
**Ramy Younes**, Global Head of Clinical Development  
Obesity & Liver, Boehringer Ingelheim, Ingelheim am  
Rhein, Germany

18.00 – 18.30

*Chairpersons:* **Pasquale Perrone Filardi & Paolo Calabrò**

Development of Novel Lp(a) Lowering Therapies and  
Drugs for Cardiovascular Risk Reduction  
**Pierluigi Tricoci**, Associate Vice President Medical  
Development, Cardiovascular Research, Eli Lilly,  
Hillsborough, NC, USA

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Kidney Disease**

**New Frontiers in  
Diabetic Kidney Disease:  
From Mechanisms  
to Patient Care**

**Program**





## FRIDAY, FEBRUARY 27

- 09.00 – 09.10 Opening Remarks:  
**Silvio Settembrini & Giovambattista Capasso**
- 09.10 – 10.40 **SESSION X**  
**Pathophysiological Mechanisms in Diabetic Kidney Disease**  
*Chairpersons: Giuseppe Palmiero & Mario Cozzolino*
- 09.10 – 09.30 The Role of Adenine in Diabetic Kidney Injury  
**Kumar Sharma**
- 09.30 – 09.50 Diabetic Kidney Injury Determinants: Focus on EMT and Mitochondrial Dysfunction  
**Petter Bjornstad**
- 09.50 – 10.10 Unravelling Molecular Pathways in Diabetic Nephropathy: Role of Macrophages in Lipid Metabolism and Inflammation  
**John He**
- 10.10 – 10.40 Discussion led by **Roberto Minutolo**
- 10.40 – 11.10 Coffee break
- 11.10 – 12.40 **SESSION XI**  
**Novel Targets and Translational Research**  
*Chairpersons: Vincenzo Carafa & Stefano Bianchi*
- 11.10 – 11.30 Targeting Cell-to-Cell Communication in Diabetic Kidney Disease: From the Podocyte to the Proximal Tubule  
**Sandeep Mallipattu**
- 11.30 – 11.50 Senescence as a Driver of Chronic and Diabetic Kidney Disease  
**Giovambattista Capasso**

## FRIDAY, FEBRUARY 27

- 11.50 – 12.10 Precision Nephrology in Diabetic Kidney Disease: Multi-Scalar Data Integration for Novel Biomarkers and Therapeutic Targets  
**Matthias Kretzler**
- 12.10 – 12.40 Discussion led by **Mariadelina Simeoni**
- 12.40 – 14.00 Lunch Break
- 14.00 – 15.30 **SESSION XII**  
**Therapeutic Advances in Diabetic Kidney Disease**  
*Chairpersons: Alessandra Perna & Domenico Santoro*
- 14.00 – 14.20 Semaglutide as the New Pillar of Diabetic Kidney Disease Treatment  
**Peter Rossing**
- 14.20 – 14.40 Combination Therapy in Diabetic Kidney Disease  
**Hiddo Heerspink**
- 14.40 – 15.00 SGLT2 Inhibitors: From Clinical Trials to Real-World Evidence  
**Luca De Nicola**
- 15.00 – 15.30 Discussion led by **Francesco Trepiccione**
- 15.30 – 16.00 Coffee Break
- 16.00 – 17.30 **SESSION XIII**  
**Diagnosis, Prognosis and Integrated Care**  
*Chairpersons: Miriam Zacchia & Salvatore Di Paolo*
- 16.00 – 16.20 The Role of Kidney Biopsy in Patients with Diabetes  
**Loreto Gesualdo**



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**FRIDAY, FEBRUARY 27**

16.20 – 16.40 Prevalence and Predictors of Rapid eGFR Decline in Type 2 Diabetes  
**Francesca Viazzi**

16.40 – 17.00 Integrated Care for Diabetic Nephropathy: a Patient-Centered Approach  
**Francesco Giorgino**

17.00 – 17.30 Discussion led by **Giovanna Capolongo**

**KEYNOTE LECTURE**

*Chair:* **Giovambattista Capasso**

17.30 – 18.00 Harmonizing Today, Transforming Tomorrow: The Future of Nephrology in Europe  
**Roser Torra**

18.00 – 18.15 Conclusions: **Silvio Settembrini**

**SATURDAY, FEBRUARY 28 COMMUNITY DAY**

**Endocrinological Crew:  
Pathway to Cardio-Nephro-Epato-Cerebro-Metabolic Syndrome**

09.00 – 10.00

**SESSION XIV**

**“Thyroid Connections”: Heart – Kidney – Liver**

*Chairpersons:* **Andrea Frasoldati & Enrico Papini**

09.00 – 09.15 Hypo- and Hyperthyroidism and Cardio-Metabolic Impact: Clinical and Therapeutic Correlations  
**Vincenzo Triggiani**

09.15 – 09.30 Chronic Kidney Disease (CKD) and Thyroid Disorders: Bidirectional Links  
**Olga Disoteo**

09.30 – 09.45 Thyroid and Liver: Two Metabolic Hubs in Homeostatic Control. Can Thyroid Hormone Signalling Treat a Dysfunctional Liver?  
**Silvio Settembrini**

09.45 – 10.00 Discussion

10.00 – 11.00

**SESSION XV**

*Chairpersons:* **Edoardo Guastamacchia & Giancarlo Tonolo**

10.00 – 10.15 Intelligent Insulins: What They Are and What They Do  
**Giuseppe Crispino**

10.15 – 10.30 Combo Therapy with SGLT2 Inhibitors, DPP-IV Inhibitors, GLP-1 Agonists, and GLP-1/GIP Agonists in Diabetes Mellitus: for Remission and Primary and Secondary Prevention  
**Elena Succurro**



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**SATURDAY, FEBRUARY 28 COMMUNITY DAY**

- 10.30 – 10.45 Aldosterone Receptor Antagonists and Aldosterone Synthase Inhibitors in Cardio- Nephro-Metabolic Syndrome  
**Leonardo Russo**
- 10.45 – 11.00 Discussion
- 11.00 – 11.30 Coffee break
- 11.30 – 12.30 **SESSION XVI**  
*Chairpersons: Olga Disoteo, Silvio Settembrini*
- 11.30 – 11.45 MASLD and its Clinical-Therapeutic Management: Can We Interfere with the Progression of Hepatic Fibrosis?  
**Domenico Arcoria**
- 11.45 – 12.00 Neuroprotection and Cognitive Disorders: Where Do We Stand with Innovative Metabolic Drugs?  
**Raffaele Schembari**
- 12.00 – 12.15 Pathological Thinness (Is it harder to gain weight or lose weight?)  
**Vincenzo Cimino**
- 12.15 – 12.30 Discussion
- 12.30 – 13.00 **LECTURE**  
*Chairpersons: Mario Rizzo & Giuseppe Giordano*  
Tirzepatide, Retratutide, Orforglipron: Updates 2026  
**Salvatore Corrao**

**SATURDAY, FEBRUARY 28 COMMUNITY DAY**

- 13.00 – 14.00 **SESSION XVII**  
**Real-World Clinical Experiences: Case Management and Narrative Reports. The Role of CGM (Continuous Glucose Monitoring) in the different Clinical Settings**  
*Chairpersons: Maria Masulli & Vincenzo Nuzzo*
- 13.00 – 13.10 **Nicola Tecce:** The Diabetic Cancer Patient Undergoing Chemotherapy
- 13.10 – 13.20 **Diego Carleo:** The Obese Diabetic Patient with Rheumatologic Disease
- 13.20 – 13.30 **Giacomo Accardo:** The Diabetic Patient with Thyroid Disease
- 13.30 – 13.40 **Marcello Orio:** Efficacy Analysis in a Cohort of Patients Treated with GLP-1/GIP Agonists
- 13.40 – 13.50 **Raffaele Mancini:** Therapy of the Diabetic Patient on Dialysis
- 13.50 – 14.00 Conclusions





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## FACULTY

### **MD Giacomo Accardo**

Outpatient Endocrinology Specialist,  
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### **MD Domenico Arcoria**

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### **Prof. Giorgio Arnaldi**

Full Professor of Endocrinology,  
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### **Prof. Antonio Aversa**

Full Professor of Endocrinology,  
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### **Prof. Giuseppe Bellastella**

Full Professor of Endocrinology  
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of Campania "Luigi Vanvitelli", Napoli

### **Prof. Stefano Bianchi**

Pro Bono Volunteer Nephrologist,  
Chronic Care Center, Voluntary Relief  
Society, Livorno

### **Prof. Petter Bjornstad**

Professor of Pediatrics and Medicine |  
Raisbeck Endowed Chair of Diabetes  
Research, Executive Director, UW  
Medicine Diabetes Institute (UWMDI)  
Principal Investigator, Center for  
Clinical and Translational Research  
(CCTR) at Seattle Children's Research  
Institute (SCRI)

### **Prof. Raffaella Buzzetti**

President of SID (Italian Society  
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### **Prof. Paolo Calabrò**

Full Professor of Cardiology,  
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### **Prof. Rossella Cannarella**

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### **Prof. Giovambattista Capasso**

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### **Prof. Giovanna Capolongo**

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## FACULTY

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### **Prof. Arrigo Cicero**

Associate Professor, Department  
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### **Prof. Vincenzo Cimino**

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### **Prof. Antonio Cittadini**

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### **Prof. Annamaria Colao**

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### **Prof. Salvatore Corrao**

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### **Prof. Mario Cozzolino**

Full Professor of Nephrology, University  
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### **MD Giuseppe Crispino**

Head of the Territorial Service of  
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### **Prof. Luca De Nicola**

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### **Prof. Giovanni De Pergola**

Director of the Nutrition Center Clinical  
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### **MD Salvatore Di Paolo**

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### **MD Olga Eugenia Disoteco**

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## FACULTY

### **Prof. Katherine Esposito**

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### **Prof. Diego Ferone**

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### **Prof. Claudio Ferri**

Full Professor of Internal Medicine,  
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### **Prof. Andrea Frasoldati**

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### **MD Pietro Galassetti**

Global Clinical Program Lead -  
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### **Prof. Loreto Gesualdo**

Full Professor of Nephrology, University of Bari

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Medical Director - Mazara del Vallo Health District - Diabetology Clinic,  
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### **Prof. Francesco Giorgino**

Full Professor of Endocrinology,  
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### **Prof. Dario Giugliano**

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### **Prof. Guido Grassi**

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### **Prof. John He**

Irene and Dr. Arthur M. Fishberg  
Professor of Medicine Chief, Division of Nephrology Icahn School of Medicine at Mount Sinai, New York, USA

### **Prof. Hiddo Heerspink**

Professor of Clinical Trials and Personalized Medicine and clinical trialist at the Department of Clinical Pharmacy and Pharmacology at the University Medical Center Groningen, The Netherlands

### **Prof. Matthias Kretzler**

Professor of Medicine/Nephrology and Computational Medicine and Bioinformatics University of Michigan, Ann Arbor, USA

## FACULTY

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Vanvitelli", Napoli

**Prof. Pasquale Perrone Filardi**

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**Prof. Vincenzo Triggiani**

Associate Professor of Endocrinology,  
University of Bari, Polyclinic Giovanni  
XXIII University Hospital, Bari

**Prof. Francesca Chiara Viazzi**

Full Professor MEDS  
08/B - Nephrology, Department of  
Internal Medicine and Medical  
Specialties, University of Genoa

**Prof. Agostino Virdis**

President of SIIA (Italian Society of  
Arterial Hypertension), Professor of  
Internal Medicine, University of Pisa

**MD Rami Younes**

Global Head of Clinical Development  
Obesity & Liver, Boehringer Ingelheim,  
Ingelheim am Rhein, Germany

**Prof. Miriam Zacchia**

Associate Professor of Nephrology,  
University of Campania "Luigi  
Vanvitelli", Napoli





**Diabetes & Endocrine  
Updates 2026  
and  
2<sup>nd</sup> International Conference  
on Diabetic Kidney Disease**

## GENERAL INFORMATION

### SCIENTIFIC COORDINATOR

**Dr. Silvio Settembrini**

Responsible Director, Unit of Diabetology and Metabolic Diseases,  
C4 ASL Napoli 1 Centro

### ORGANIZATIONAL COORDINATION

Concetta Manzo, Eugenio Iaccarino, Roberto Nocera

### CME PROVIDER

Lomea Soc. Cooperativa: ID 6226

Type of event: RES - congress

### CME CREDITS re.: 469332

The congress is in the process of accreditation for the following categories:

**MEDICAL DOCTOR: All specialties**

### THE ORGANIZING SECRETARIAT



EVENTI E CONGRESSI

Rione Sirignano 5 - 80121 Napoli

[mcm@mcmcongressi.it](mailto:mcm@mcmcongressi.it)

ph +39 081 7611085

[www.mcmcongressi.it](http://www.mcmcongressi.it)

### REGISTRATION

Registration can be processed within February 20, 2025 at the website:

[www.napolidiabetologia.it](http://www.napolidiabetologia.it)

### REGISTRATION FEE

**Medical Doctor/Surgeon:** Euro 150 + VAT 22%

**Resident:** free of charge

*The fee includes:*

- Participation in the scientific sessions
- Coffee breaks and lunch as in the program
- CME Credits
- Certificate of attendance

### SIMULTANEOUS TRANSLATION

Translation English/Italian/English will be provided



NAPOLIDIABETOLOGIA

**Diabetes & Endocrine  
Updates 2026**  
and  
**2<sup>nd</sup> International  
Conference on Diabetic  
Kidney Disease**

**Napoli, 25-26-27-28 February 2026**

**Hotel Royal Continental**

**SEGRETERIA ORGANIZZATIVA**

**mcm**

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